



**AOA
IC & INDIVIDUAL CHAMPIONSHIPS
HOSTED BY
WIMBORNE ORIENTEERS & THE ROYAL CORPS
OF SIGNALS
BERE WOODS
SUN 2 NOV 25**



Travel Directions:	Bere Woods (W3W - https://w3w.co/dispenser.afflict.claw). This is a sharp turn off the A35 so please give plenty of warning to other drivers. 300, 200 & 100m signs will be placed on the road to give you warning. Parking is along a single tracked road as directed by parking attendants.				
Terrain:	A mixture of runnable woods with marshy areas.				
Mapping:	Scale 1:10000. 2.5m contours. Last used for the Compass Sport Cup qualifier Feb 24. All courses printed on A4 waterproof paper. Control descriptions for all courses on the map and loose in the start lanes.				
Pre-entry:	Open 1 Oct 25 at racesignup.co.uk until 22 Oct 25 latest (food & accom requirement dictate this date)				
Results System:	Results https://race-results.info/ & http://www.baoc.info/				
Registration:	1000 – 1230hrs				
Starts:	1030 – 1300hrs				
Course Closes:	1500 hours. Controls will be taken in at 1500hrs				
All competitors must ensure they are fully hydrated before starting, there will be water at the finish. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.					
Courses:	Colour	Distance	Climb	Controls	Remarks
	Army Brown	8.8km	170m	TBC	Men's Long
	Army Blue	6.6km	120m	TBC	Women's Long and Men's Short
	Army Green	4.6km	80m	TBC	Women's Short/Veteran's
	Army Long	4.7km	100m	TBC	U25
	Orange				
All course distances and climb are subject to final controlling					
Dress:	Full leg and arm cover is mandatory; that means no shorts or vests.				
Other Instructions:	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part. Whistles are compulsory. No dogs permitted. Please note that parking is along a forest track and park under the direction of the marshalls. The track is one way, so you will continue up the track, following signs, exiting at a different place on the A35.				
Costs:	Military - £22 (as part of full Inter Corps Competition entry)				
	Military Veterans - £22				
	SIAC Hire (if required) - free				
SRO:	Col James Rhodes				
Organiser:	Major S Calland and WO2 V McCreadie				
Controller	Roger Crickmore (WSX)				
Planner:	Karen French (WIM)				
Contact Details:	Email: sally.calland920@mod.gov.uk / Victoria.mccreadie100@mod.gov.uk or telephone 07361 626172				
Facilities:	Portaloos and a catering wagon selling locally produced meals.				
Insurance:	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907.				
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.					
The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)					